## The Original White House Cook 1887 Edition: A Culinary Journey Through American History

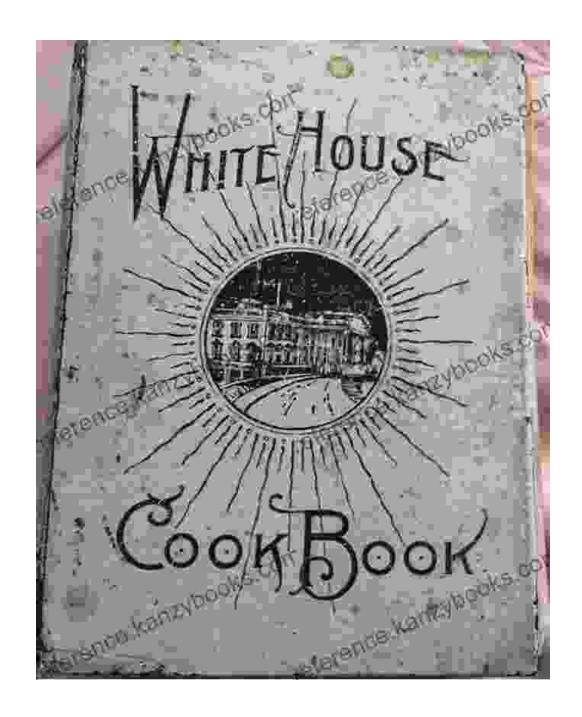


#### The Original White House Cook Book, 1887 Edition

**★** ★ ★ ★ 4.5 out of 5

Language: English
File size: 231379 KB
Print length: 609 pages





The Original White House Cook 1887 Edition is a fascinating glimpse into the culinary history of the United States. This cookbook, compiled by Mrs. F. L. Gillette, contains over 1,500 recipes that were served in the White House during the 19th century. These recipes provide a unique window into the eating habits of the presidents and their families, as well as the social and cultural norms of the time.

#### **The Author**

Mrs. F. L. Gillette was a well-known cookbook author and cooking teacher in the late 19th century. She was the author of several other cookbooks, including The White House Cookbook (1889) and The Everyday Cookbook (1890). Gillette was a strong advocate for using fresh, seasonal ingredients, and her recipes are known for their simplicity and practicality.

#### The Recipes

The recipes in The Original White House Cook 1887 Edition are divided into 12 chapters, covering everything from soups and stews to desserts and pastries. The recipes are written in a clear and concise style, and they include detailed instructions on how to prepare each dish. Many of the recipes are accompanied by helpful tips and suggestions from Mrs. Gillette.

Some of the most popular recipes in the cookbook include:

\* Oysters Rockefeller \* Lobster Newburg \* Terrapin Stew \* Baked Ham with Madeira Sauce \* Apple Pie \* Peach Cobbler

#### **The Historical Context**

The Original White House Cook 1887 Edition was published during a time of great change in the United States. The country was rapidly industrializing, and the population was becoming increasingly urbanized. These changes had a significant impact on the way people ate.

In the 19th century, most Americans cooked their meals at home. However, as more and more women entered the workforce, they had less time to cook. This led to the rise of restaurants and prepared foods.

The Original White House Cook 1887 Edition reflects these changes in the way people ate. The cookbook contains recipes for both simple, everyday dishes and more elaborate dishes that would have been served at special occasions.

#### The Legacy

The Original White House Cook 1887 Edition is a valuable resource for anyone interested in American culinary history. The cookbook provides a unique glimpse into the eating habits of the presidents and their families, as well as the social and cultural norms of the time. The recipes are still popular today, and they offer a taste of the rich culinary heritage of the United States.

The Original White House Cook 1887 Edition is a fascinating and informative cookbook that provides a unique window into the culinary history of the United States. The recipes are written in a clear and concise style, and they include detailed instructions on how to prepare each dish. Many of the recipes are accompanied by helpful tips and suggestions from Mrs. Gillette. The cookbook is a valuable resource for anyone interested in American culinary history, and the recipes are still popular today.

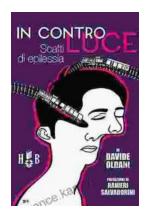


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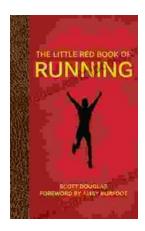
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