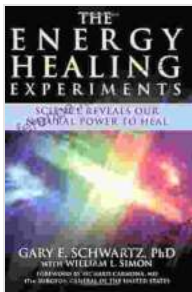


The Energy Healing Experiments: Scientific Evidence of the Power of Touch

The Energy Healing Experiments is a groundbreaking book that presents scientific evidence for the power of touch healing. Authors Gary E. Schwartz and Linda S. Russek conducted a series of rigorous experiments that demonstrate that energy healing can have a significant impact on human health and well-being.

The Experiments



The Energy Healing Experiments: Science Reveals Our Natural Power to Heal by Michelle S. Fondin

★★★★☆ 4.6 out of 5

Language : English
File size : 782 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 282 pages



The experiments in The Energy Healing Experiments were conducted at the University of Arizona. The researchers recruited a group of experienced energy healers and a group of control subjects. The healers were asked to place their hands on the bodies of the subjects, while the control subjects simply rested their hands on the subjects' bodies.

The results of the experiments were astonishing. The subjects who received energy healing showed significant improvements in their health and well-being, compared to the control subjects. The energy healing subjects experienced reductions in pain, anxiety, and depression. They also showed improvements in their immune function and overall quality of life.

The Science

The researchers in The Energy Healing Experiments used a variety of scientific methods to measure the effects of energy healing. They used questionnaires, blood tests, and other measures to assess the subjects' health and well-being. They also used electromagnetic field (EMF) detectors to measure the energy fields around the subjects' bodies.

The researchers found that energy healing produced a number of measurable changes in the subjects' bodies. These changes included:

- Increased levels of beta-endorphins, which are natural painkillers
- Decreased levels of cortisol, which is a stress hormone
- Improved immune function
- Increased production of nitric oxide, which is a vasodilator that helps to improve blood flow

The Implications

The findings of The Energy Healing Experiments have important implications for our understanding of health and healing. The research

demonstrates that energy healing is a real and effective therapy that can have a significant impact on human health and well-being.

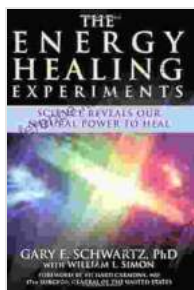
The findings of the book also suggest that energy healing may be a valuable adjunct to conventional medical care. Energy healing can help to reduce pain, anxiety, and depression. It can also help to improve immune function and overall quality of life.

The Energy Healing Experiments is a groundbreaking book that provides scientific evidence for the power of touch healing. The research in the book demonstrates that energy healing is a real and effective therapy that can have a significant impact on human health and well-being.

About the Authors

Gary E. Schwartz, Ph.D., is a professor of psychology, medicine, neurology, psychiatry, and surgery at the University of Arizona. He is the director of the Laboratory for Advances in Consciousness and Health.

Linda S. Russek, Ph.D., is a professor of integrative medicine at the University of Arizona. She is the director of the Fellowship in Integrative Medicine.



The Energy Healing Experiments: Science Reveals Our Natural Power to Heal by Michelle S. Fondin

★★★★☆ 4.6 out of 5

Language : English
File size : 782 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled

Print length : 282 pages

FREE

DOWNLOAD E-BOOK



Book Review: In Contro Luce Scatti Di Epilessia

In Contro Luce Scatti Di Epilessia Author: Elisa Serafini Publisher: Postcart Edizioni Publication Date: 2019 ...



The Little Red Book of Running: A Comprehensive Guide to the World's Most Popular Sport

Running is one of the most popular sports in the world. It's a great way to get fit, lose weight, and relieve stress. But if you're new to...