

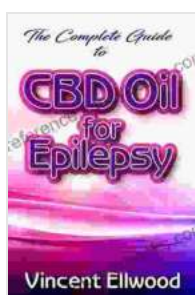
# The Complete Guide to CBD Oil for Epilepsy

CBD oil is a natural product derived from the cannabis plant. Unlike THC, the psychoactive compound in marijuana, CBD does not produce a "high." Instead, it has been shown to have a variety of therapeutic benefits, including reducing seizures, inflammation, and anxiety.

The exact mechanism by which CBD oil reduces seizures is not fully understood. However, research suggests that it may work by:

- Increasing the levels of GABA, a neurotransmitter that helps to inhibit seizures
- Reducing the levels of glutamate, a neurotransmitter that excites neurons and can trigger seizures
- Protecting neurons from damage

There is a growing body of evidence to suggest that CBD oil is effective in reducing seizures in people with epilepsy. A 2018 study published in the journal *Neurology* found that CBD oil reduced seizures by 50% or more in 62% of patients.



## The Complete Guide To CBD Oil for Epilepsy

★★★★★ 5 out of 5

Language : English

File size : 3707 KB

Screen Reader : Supported

Print length : 108 pages

Lending : Enabled



Another study, published in the journal *Epilepsia*, found that CBD oil was effective in reducing seizures in children with Dravet syndrome, a rare and severe form of epilepsy.

When choosing a CBD oil for epilepsy, it is important to consider the following factors:

- **The type of epilepsy:** There are many different types of epilepsy, and each type may respond differently to CBD oil.
- **The severity of the seizures:** The dosage of CBD oil needed will depend on the severity of the seizures.
- **The individual's age and weight:** The dosage of CBD oil will also depend on the individual's age and weight.

It is important to talk to a doctor before starting any CBD oil treatment for epilepsy.

CBD oil can be taken in a variety of ways, including:

- **Orally:** CBD oil can be taken orally in the form of capsules, tinctures, or gummies.
- **Sublingually:** CBD oil can be placed under the tongue and held there for 30 seconds to 1 minute before swallowing.
- **Topically:** CBD oil can be applied to the skin in the form of creams, lotions, or balms.

The best way to take CBD oil for epilepsy is to start with a low dose and gradually increase the dose as needed. It is important to monitor the individual's response to CBD oil and to adjust the dosage accordingly.

CBD oil is generally well-tolerated, but it can cause some side effects, such as:

- **Drowsiness:** CBD oil can cause drowsiness in some people.
- **Diarrhea:** CBD oil can cause diarrhea in some people.
- **Nausea:** CBD oil can cause nausea in some people.
- **Vomiting:** CBD oil can cause vomiting in some people.

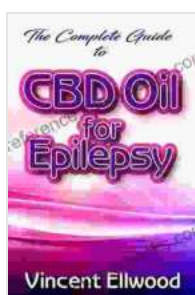
If any of these side effects occur, they usually go away within a few days or weeks. If the side effects persist or become severe, it is important to talk to a doctor.

CBD oil has a number of benefits for people with epilepsy, including:

- **Reducing seizures:** CBD oil has been shown to reduce seizures by 50% or more in many people with epilepsy.
- **Improving quality of life:** CBD oil can improve quality of life by reducing seizures and their associated symptoms, such as anxiety and depression.
- **Reducing the need for medication:** CBD oil can reduce the need for anti-seizure medication in some people with epilepsy.
- **Providing a safe and natural treatment option:** CBD oil is a safe and natural treatment option for epilepsy. It is well-tolerated and has a

low risk of side effects.

CBD oil is a promising treatment option for epilepsy. It has been shown to reduce seizures, improve quality of life, and reduce the need for medication. CBD oil is safe and well-tolerated, with a low risk of side effects. If you are considering using CBD oil for epilepsy, it is important to talk to your doctor first.



## The Complete Guide To CBD Oil for Epilepsy

★★★★★ 5 out of 5

Language : English

File size : 3707 KB

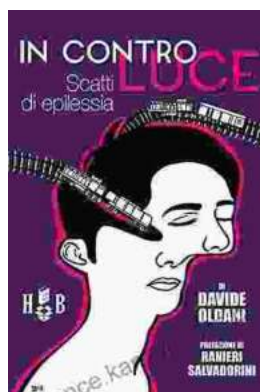
Screen Reader : Supported

Print length : 108 pages

Lending : Enabled

FREE

DOWNLOAD E-BOOK



## Book Review: In Contro Luce Scatti Di Epilessia

In Contro Luce Scatti Di Epilessia Author: Elisa Serafini Publisher: Postcart Edizioni Publication Date: 2019 ...



## **The Little Red Book of Running: A Comprehensive Guide to the World's Most Popular Sport**

Running is one of the most popular sports in the world. It's a great way to get fit, lose weight, and relieve stress. But if you're new to...