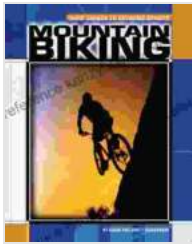


# Mountain Biking Kids Guides Alicia Schoenherr: An In-Depth Review



**Mountain Biking (Kids' Guides)** by Alicia Schoenherr

★★★★★ 5 out of 5

Language : English

File size : 12047 KB

Print length : 32 pages



Mountain biking is a great way for kids to get exercise, explore the outdoors, and have fun. But it can also be a challenging and potentially dangerous activity. That's why it's important to have the right gear, the right skills, and the right knowledge before you hit the trails.

Mountain Biking Kids Guides by Alicia Schoenherr is a comprehensive resource for parents and kids who want to explore the world of mountain biking. This in-depth review provides an overview of the book's content, structure, and approach, as well as its strengths and weaknesses.

## Overview

Mountain Biking Kids Guides is a 208-page book that is divided into four main sections:

1. Getting Started
2. Skills

### 3. Trails

### 4. Gear

The first section, Getting Started, provides an overview of mountain biking for kids. It covers topics such as choosing the right bike, getting the right gear, and finding trails that are appropriate for your child's skill level.

The second section, Skills, provides step-by-step instructions for essential mountain biking skills, such as braking, shifting, and cornering. It also includes tips for riding in different types of terrain, such as hills, rocks, and roots.

The third section, Trails, provides descriptions of some of the best mountain biking trails for kids in the United States. It includes information on trail length, difficulty, and elevation gain.

The fourth section, Gear, provides an overview of the different types of mountain biking gear that is available for kids. It includes information on helmets, bikes, clothing, and accessories.

## **Strengths**

- **Comprehensive:** Mountain Biking Kids Guides covers everything you need to know about mountain biking for kids, from choosing the right bike to finding trails that are appropriate for your child's skill level.
- **Well-written:** The book is well-written and easy to follow. It is also packed with beautiful photographs and illustrations.
- **Authoritative:** Alicia Schoenherr is a certified mountain biking instructor and has over 20 years of experience riding and teaching mountain

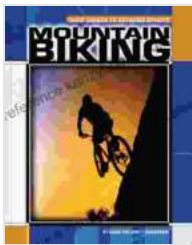
biking. She knows what she's talking about and her advice is sound.

## Weaknesses

- Expensive: Mountain Biking Kids Guides is a bit expensive, especially if you're on a tight budget.
- Not as detailed as some other books: If you're looking for a book that provides more in-depth information on mountain biking skills and techniques, you may want to consider another book, such as Mountain Biking Skills for Kids by Lee McCormack.

## Overall

Mountain Biking Kids Guides is a comprehensive and well-written resource for parents and kids who want to explore the world of mountain biking. It is a great way to learn about the basics of mountain biking and to find trails that are appropriate for your child's skill level.



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In Controluce Scatti Di Epilessia Author: Elisa Serafini Publisher: Postcart Edizioni Publication Date: 2019 ...



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