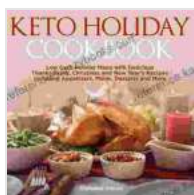


# Low Carb Holiday Menu: Delicious Thanksgiving, Christmas, and New Year's Recipes

The holidays are a time for family, friends, and food. But if you're following a low carb diet, it can be difficult to find holiday recipes that fit your needs. That's why we've compiled this comprehensive menu with delicious low carb options for Thanksgiving, Christmas, and New Year's.



## Keto Holiday Cookbook: Low Carb Holiday Menu with Delicious Thanksgiving, Christmas and New Year's Recipes Including Appetizers, Mains, Desserts and More by Alyssa Wiegand

★★★★☆ 4.3 out of 5

Language : English  
File size : 30249 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 114 pages  
Lending : Enabled



## Thanksgiving

Thanksgiving is a time for turkey, stuffing, and all the fixings. But if you're on a low carb diet, you can still enjoy all the flavors of Thanksgiving without the carbs.

- **Roasted Turkey:** A classic Thanksgiving dish that is naturally low in carbs.
- **Mashed Cauliflower:** A creamy and delicious substitute for mashed potatoes.
- **Green Bean Casserole:** A classic Thanksgiving side dish that can be made low carb by using almond flour instead of breadcrumbs.
- **Cranberry Sauce:** A tart and tangy condiment that is perfect for Thanksgiving turkey.
- **Pumpkin Pie:** A classic Thanksgiving dessert that can be made low carb by using a sugar-free sweetener.

## Christmas

Christmas is a time for cookies, cakes, and all things sweet. But if you're on a low carb diet, you don't have to miss out on all the Christmas treats.

- **Gingerbread Cookies:** A classic Christmas cookie that can be made low carb by using almond flour instead of white flour.
- **Keto Sugar Cookies:** A delicious sugar cookie that is perfect for Christmas parties.
- **Low Carb Christmas Cake:** A festive and delicious cake that is perfect for Christmas morning.
- **Peppermint Bark:** A classic Christmas candy that can be made low carb by using sugar-free chocolate.
- **Hot Cocoa:** A warm and comforting drink that is perfect for a cold winter night.

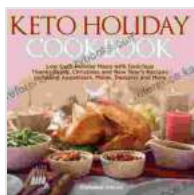
## New Year's

New Year's is a time for champagne, cocktails, and hors d'oeuvres. But if you're on a low carb diet, you can still ring in the new year with style.

- **Low Carb Champagne Cocktail:** A festive and delicious cocktail that is perfect for New Year's Eve.
- **Keto Guacamole:** A creamy and flavorful dip that is perfect for parties.
- **Caprese Skewers:** A simple and elegant appetizer that is perfect for New Year's Eve.
- **Low Carb Cheeseball:** A classic party appetizer that can be made low carb by using almond flour instead of breadcrumbs.
- **Fruit and Cheese Platter:** A healthy and refreshing appetizer that is perfect for any party.

So there you have it! A comprehensive low carb holiday menu with delicious options for Thanksgiving, Christmas, and New Year's. With these recipes, you can enjoy all the flavors of the holidays without the carbs.

Happy holidays!



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**More** by Alyssa Wiegand

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