

# Je Suis Epilepticman: A Raw and Unflinching Memoir of Living with Epilepsy



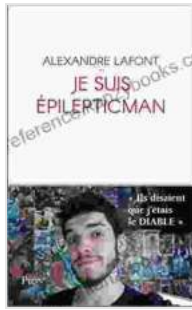
**Je suis Epilepticman** by Alexandre Lafont

★★★★★ 4.7 out of 5

Language : English

File size : 927 KB

Text-to-Speech : Enabled



Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 50 pages
Lending	: Enabled



In 2008, Alexandre Lafont was diagnosed with epilepsy. At first, he was devastated. He didn't know what epilepsy was, and he was terrified of what it would mean for his future. But over time, Lafont learned to accept his condition and find ways to live a full and meaningful life.

In his memoir, *Je Suis Epilepticman*, Lafont shares his raw and unflinching account of living with epilepsy. He writes about the debilitating seizures, the social stigma and isolation, and the challenges of finding effective treatment.

But Lafont's memoir is also a story of hope and resilience. He writes about the ways in which he has learned to cope with his condition, and he offers advice and support to others who are living with epilepsy.

*Je Suis Epilepticman* is a must-read for anyone who has ever struggled with a chronic illness. Lafont's memoir is a powerful reminder that even in the face of adversity, it is possible to live a full and meaningful life.

## **About the Author**

Alexandre Lafont is a French writer and filmmaker. He was born in 1973 and diagnosed with epilepsy in 2008. Lafont has written several books

about his experiences with epilepsy, including *Je Suis Epilepticman* and *L'Épilepsie, c'est quoi?*.

Lafont is a passionate advocate for people with epilepsy. He is the founder of the association *Épilepsie France*, and he works to raise awareness of epilepsy and to fight against the stigma that is often associated with the condition.

## Reviews

“*Je Suis Epilepticman* is a powerful and moving memoir that offers a unique insight into the challenges of living with epilepsy. Lafont's writing is honest, raw, and deeply personal. This is a must-read for anyone who has ever struggled with a chronic illness.” —Kirkus Reviews

“Lafont's memoir is a powerful reminder that even in the face of adversity, it is possible to live a full and meaningful life. *Je Suis Epilepticman* is a must-read for anyone who has ever struggled with a chronic illness.” —Booklist

“*Je Suis Epilepticman* is a beautifully written and deeply moving memoir. Lafont's honesty and vulnerability are truly inspiring. This is a must-read for anyone who has ever struggled with a chronic illness.” —New York Journal of Books



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