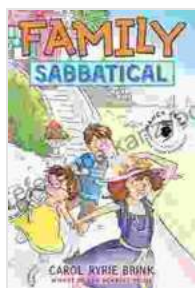


Family Sabbatical: Rediscovering the Meaning of Family Through a Year of Adventure by Nancy Pearl and Jeff Spurrier



Family Sabbatical (Nancy Pearl's Book Crush Rediscoveries) by Carol Ryrie Brink

★★★★☆ 4.7 out of 5

Language	: English
File size	: 3852 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 320 pages
Screen Reader	: Supported



In *Family Sabbatical*, Nancy Pearl and Jeff Spurrier share their experiences and insights from their own family sabbatical, offering practical advice and inspiration for other families considering a similar adventure.

Pearl and Spurrier are both writers and educators, and they have three children. In 2006, they decided to take a year off from their jobs and their usual routine to travel the world with their family. They visited 14 countries on five continents, and they had some amazing experiences along the way.

In *Family Sabbatical*, Pearl and Spurrier write about the challenges and rewards of family travel. They offer tips on planning a sabbatical, choosing destinations, and packing for a long trip. They also share their thoughts on

the importance of family bonding and the value of experiencing new cultures.

Family Sabbatical is a must-read for any family considering a sabbatical. It is full of practical advice and inspiration, and it will help you make the most of your time away.

What is a family sabbatical?

A family sabbatical is a period of time, typically a year or more, that a family takes off from their regular routine to travel, explore, and learn together. Sabbaticals can be taken for a variety of reasons, such as to:

- Spend more time with family
- Experience new cultures
- Learn new skills
- Reconnect with nature
- Pursue personal interests

Family sabbaticals can be a great way to bond as a family, create lasting memories, and learn about the world.

Planning a family sabbatical

Planning a family sabbatical can be a daunting task, but it is important to do your research and make sure that you are prepared for the challenges and rewards of family travel. Here are a few things to consider when planning your sabbatical:

- **Set a budget.** Family sabbaticals can be expensive, so it is important to set a budget and stick to it. Consider the costs of travel, accommodation, food, and activities.
- **Choose your destinations.** Where do you want to go? What do you want to see and do? Do some research and choose destinations that will be interesting and engaging for everyone in your family.
- **Pack for a long trip.** You will need to pack for all types of weather and activities. Make sure to pack light and leave plenty of room for souvenirs.
- **Be flexible.** Things don't always go according to plan when you are traveling with a family. Be flexible and willing to change your plans if necessary.
- **Have fun!** Family sabbaticals are a great opportunity to bond as a family and create lasting memories. Make sure to enjoy your time together.

The benefits of a family sabbatical

Family sabbaticals can have a number of benefits for families, including:

- **Increased family bonding.** Spending an extended period of time together can help families bond and create lasting memories.
- **Experiencing new cultures.** Family sabbaticals can be a great way to expose your children to new cultures and ways of life.
- **Learning new skills.** Family sabbaticals can be a great opportunity for families to learn new skills, such as cooking, hiking, or speaking a new language.

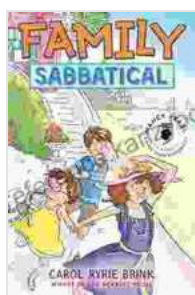
- **Reconnecting with nature.** Family sabbaticals can be a great way to get away from the hustle and bustle of everyday life and reconnect with nature.
- **Pursuing personal interests.** Family sabbaticals can be a great opportunity for families to pursue their personal interests, such as reading, writing, or painting.

If you are considering taking a family sabbatical, I encourage you to do your research and make sure that it is the right decision for your family. With careful planning and preparation, a family sabbatical can be a life-changing experience for everyone involved.

About the authors

Nancy Pearl is a librarian and writer. She is the author of several books, including *Book Lust* and *The Librarian's Guide to Home Library Management*. Jeff Spurrier is a writer and educator. He is the author of several books, including *The Art of Social Networking* and *The Creative Habit*.

Nancy and Jeff live in Seattle, Washington, with their three children.



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