

# Creating New Arteries With Eecp: A Revolutionary Approach to Treating Coronary Artery Disease

Coronary artery disease (CAD) is the leading cause of death in the United States, affecting over 20 million people. CAD occurs when the arteries that supply blood to the heart become narrowed or blocked due to the buildup of plaque. This can lead to chest pain, shortness of breath, and heart attack.



## Healing Your Heart without Drugs or Surgery: Creating New Arteries with EECP by Robert S. Rister

★★★★☆ 4.8 out of 5

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Traditional treatments for CAD include medications, angioplasty, and bypass surgery. However, these treatments can be expensive, invasive, and have significant side effects. Enhanced External Counterpulsation (EECP) is a non-invasive, drug-free therapy that has been clinically proven to create new arteries in patients with CAD.

## **How Does EECp Work?**

EECP works by applying pressure to the lower extremities in a synchronized fashion with the heart's natural rhythm. This pressure helps to increase blood flow to the heart and encourages the growth of new arteries.

EECP is typically administered in one-hour sessions, five days a week for seven to eight weeks. During each session, the patient lies on a table and their lower legs are wrapped in inflatable cuffs.

As the patient's heart beats, the cuffs inflate and deflate, applying pressure to the lower extremities. This pressure helps to increase blood flow to the heart and encourages the growth of new arteries.

## **Benefits of EECp**

EECP has been shown to provide a number of benefits for patients with CAD, including:

- Reduced chest pain
- Improved exercise tolerance
- Increased blood flow to the heart
- Creation of new arteries
- Reduced risk of heart attack
- Improved quality of life

## **Who is a Candidate for EECp?**

EECP is a safe and effective treatment for patients with CAD who are not candidates for other forms of treatment, such as angioplasty or bypass

surgery. EECP is also an option for patients who have had previous heart attacks or who have undergone other forms of treatment for CAD.

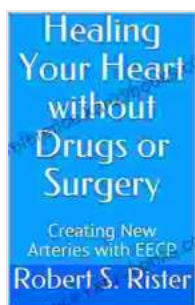
## Side Effects of EECP

EECP is generally well-tolerated, with few side effects. The most common side effects are bruising or swelling at the site of the cuffs.

EECP is a revolutionary approach to treating CAD. This non-invasive, drug-free therapy has been clinically proven to create new arteries in patients with CAD, reducing chest pain, improving exercise tolerance, and reducing the risk of heart attack.

If you are suffering from CAD, talk to your doctor about whether EECP is right for you.

**Image alt text:** A person receiving EECP therapy



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