

# Adolescent Addiction: Epidemiology, Assessment, and Treatment



## Adolescent Addiction: Epidemiology, Assessment, and Treatment (ISSN) by Aly Cohen

★★★★☆ 4.5 out of 5

Language : English  
File size : 4327 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 358 pages



Adolescence is a time of significant physical, emotional, and social change. It is also a time when young people are particularly vulnerable to developing substance use disorders. Free Downloads.

## Epidemiology of Adolescent Addiction

Substance use is common among adolescents. In the United States, nearly one in four high school students report using an illicit drug in the past year. Marijuana is the most commonly used drug among adolescents, followed by alcohol, prescription opioids, and cocaine.

Adolescents who use substances are at increased risk for a variety of negative consequences, including:

- Academic problems

- Behavioral problems
- Mental health problems
- Physical health problems
- Legal problems

## **Assessment of Adolescent Addiction**

The assessment of adolescent addiction should be comprehensive and include a variety of components, such as:

- A substance use history
- A physical examination
- A mental health assessment
- A social history

The assessment should also take into account the adolescent's developmental stage and their individual needs.

## **Treatment of Adolescent Addiction**

The treatment of adolescent addiction should be individualized and tailored to the specific needs of the adolescent. There are a variety of different treatment options available, including:

- Outpatient treatment
- Inpatient treatment
- Residential treatment

- Medication-assisted treatment
- Behavioral therapy
- Family therapy

The goal of treatment is to help the adolescent achieve sobriety and maintain it over time. Treatment should also address the underlying causes of the addiction, such as mental health problems or trauma.

Adolescent addiction is a serious problem that can have a devastating impact on the lives of young people. However, there is hope. With early intervention and treatment, adolescents can overcome substance use and go on to live healthy and productive lives.

Here are some resources for getting help with adolescent addiction:

- National Helpline for Substance Abuse
- Treatment Options for Drug Abuse
- Narcotics Anonymous
- Alcoholics Anonymous



## Adolescent Addiction: Epidemiology, Assessment, and Treatment (ISSN) by Aly Cohen

★★★★☆ 4.5 out of 5

Language : English  
File size : 4327 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 358 pages

FREE

DOWNLOAD E-BOOK



## Book Review: In Contro Scatti Di Epilessia

In Contro Scatti Di Epilessia Author: Elisa Serafini Publisher: Postcart Edizioni Publication Date: 2019 ...



## The Little Red Book of Running: A Comprehensive Guide to the World's Most Popular Sport

Running is one of the most popular sports in the world. It's a great way to get fit, lose weight, and relieve stress. But if you're new to...