

37 Simple Eco-Friendly Recipes for Everyday Cleaning: 100% Safe Ingredients

Are you tired of using harsh chemical cleaners that are bad for your health and the environment? If so, it's time to switch to eco-friendly cleaning recipes. These recipes are made with all-natural ingredients that are safe for your family and pets, and they're just as effective as chemical cleaners. Plus, they're much cheaper to make!



Natural Cleaning Solutions: 37+ Simple, Eco-Friendly Recipes For Everyday Cleaning (100% Safe Ingredients)

by Megan Chung

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In this article, we'll share 37 simple eco-friendly recipes for everyday cleaning. We'll cover recipes for cleaning every room in your home, from the kitchen to the bathroom to the living room. We'll also provide tips on how to use these recipes safely and effectively.

Benefits of Eco-Friendly Cleaning

There are many benefits to using eco-friendly cleaning recipes. These benefits include:

- **Improved health:** Eco-friendly cleaning recipes are made with all-natural ingredients that are safe for your family and pets. Chemical cleaners, on the other hand, can contain harsh chemicals that can irritate your skin, eyes, and lungs.
- **Reduced environmental impact:** Eco-friendly cleaning recipes are made with ingredients that are biodegradable and non-toxic. Chemical cleaners, on the other hand, can contain ingredients that can pollute the environment.
- **Cost savings:** Eco-friendly cleaning recipes are much cheaper to make than chemical cleaners.

How to Use Eco-Friendly Cleaning Recipes Safely

Here are a few tips on how to use eco-friendly cleaning recipes safely and effectively:

- **Always test a new recipe in a small area before using it on a large surface.** This will help you to make sure that the recipe is effective and that it doesn't damage the surface.
- **Be sure to rinse surfaces thoroughly after cleaning them with an eco-friendly recipe.** This will help to remove any residue.
- **Store eco-friendly cleaning recipes in a cool, dark place.** This will help to preserve their effectiveness.
- **Never mix eco-friendly cleaning recipes with other cleaning products.** This could create a dangerous chemical reaction.

37 Simple Eco-Friendly Recipes for Everyday Cleaning

Now that you know the benefits of using eco-friendly cleaning recipes and how to use them safely, here are 37 simple recipes to try:

Kitchen

1. **All-purpose cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Shake to combine.
2. **Glass cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Add 1 tablespoon of lemon juice. Shake to combine.
3. **Countertop cleaner:** Combine 1 cup of baking soda with 1 cup of water in a bowl. Stir to form a paste. Apply the paste to countertops and scrub with a sponge. Rinse with water.
4. **Stovetop cleaner:** Sprinkle baking soda on the stovetop. Add a few drops of water to form a paste. Scrub the paste onto the stovetop with a sponge. Rinse with water.
5. **Oven cleaner:** Make a paste of baking soda and water. Apply the paste to the oven and let it sit overnight. In the morning, scrub the oven with a sponge and rinse with water.
6. **Microwave cleaner:** Fill a microwave-safe bowl with 1 cup of water. Add 1 tablespoon of lemon juice. Microwave on high for 5 minutes. The steam will loosen any food residue. Wipe down the microwave with a sponge.
7. **Dishwasher cleaner:** Fill the dishwasher with hot water. Add 1 cup of white vinegar to the bottom of the dishwasher. Run the dishwasher through a normal cycle.

Bathroom

1. **Toilet bowl cleaner:** Sprinkle baking soda in the toilet bowl. Add 1 cup of white vinegar to the bottom of the toilet bowl. Let the mixture sit for 30 minutes. Scrub the toilet bowl with a brush and flush.
2. **Shower cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Add 1 tablespoon of tea tree oil. Shake to combine. Spray the solution on the shower and let it sit for 30 minutes. Scrub the shower with a sponge and rinse with water.
3. **Bathtub cleaner:** Combine 1 cup of baking soda with 1 cup of water in a bowl. Stir to form a paste. Apply the paste to the bathtub and scrub with a sponge. Rinse with water.
4. **Sink cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Spray the solution on the sink and let it sit for 30 minutes. Scrub the sink with a sponge and rinse with water.
5. **Mirror cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Add 1 tablespoon of lemon juice. Shake to combine. Spray the solution on the mirror and wipe it clean with a microfiber cloth.

Living Room

1. **Furniture polish:** Combine 1 cup of olive oil with 1 cup of lemon juice in a bowl. Stir to combine. Apply the polish to furniture with a soft cloth.
2. **Carpet cleaner:** Combine 1 cup of baking soda with 1 cup of cornstarch in a bowl. Sprinkle the powder on the carpet and let it sit for 30 minutes. Vacuum up the powder.

3. **Wood floor cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a bucket. Mop the floor with the solution.
4. **Tile floor cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a bucket. Add 1 tablespoon of tea tree oil. Shake to combine. Mop the floor with the solution.
5. **Window cleaner:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Add 1 tablespoon of lemon juice. Shake to combine. Spray the solution on the windows and wipe them clean with a microfiber cloth.

Other Areas

1. **Laundry detergent:** Combine 1 cup of grated bar soap with 1 cup of washing soda in a bowl. Stir to combine. Store the detergent in an airtight container. To use, add 1/4 cup of detergent to the washing machine.
2. **Fabric softener:** Add 1 cup of white vinegar to the fabric softener dispenser in the washing machine.
3. **All-purpose bleach:** Combine 1 cup of hydrogen peroxide with 1 cup of water in a spray bottle. Shake to combine. Spray the solution on stains and let it sit for 30 minutes. Rinse with water.
4. **Drain cleaner:** Pour 1 cup of baking soda down the drain. Follow with 1 cup of white vinegar. Let the mixture sit for 30 minutes. Flush the drain with hot water.
5. **Pest repellent:** Combine 1 cup of white vinegar with 1 cup of water in a spray bottle. Add 1 tablespoon of peppermint oil. Shake to combine. Spray the solution around areas where pests are a problem.

These are just a few of the many eco-friendly cleaning recipes that you can use. By using these recipes, you can clean your home without harming your health or the environment. Plus, you'll save money in the process!

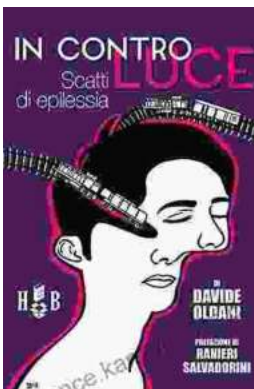


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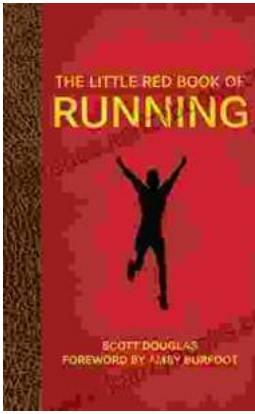
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